



Radley CE Primary School & Foundation Stage Unit

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Dear Parents,

At Radley CE Primary School, we want to make sure our pupils with allergies feel safe at school. So, we're asking everyone in our school community to do their bit to become allergen aware.

Please take a look at the enclosed factsheet from The Allergy Team, to find out more about allergies.

Why is this important?

At our school we have pupils with a range of allergies including:

- Peanuts
- Nuts
- Sesame seeds
- Milk

Some of these pupils are at risk of serious harm if they have an allergic reaction, so we ask that everyone does what they can to help us keep them safe.

How can you help?

- Let us know if your child has an allergy
- Talk to your child about allergies and the importance of:
 - Taking allergies seriously
 - Washing their hands before eating
 - Not sharing food with their friends
 - Being supportive of their friends who have allergies (being an allergy ally)
- Label your child's water bottle and lunch box with their name, to avoid any confusion
- Avoid sending in food that contains nuts for your child's packed lunch or snack

- Avoid sending in food as treats to share with the class. Instead, please consider finding another way to mark a celebration, such as sending in a game or stickers

When inviting your child's friends over for a playdate or party, talk to their parents or carers about their allergies and think about how you can accommodate their needs. Try your best to exclude the allergen, not the child.

We acknowledge that it is impractical to enforce an allergen-free school. However, we would like to encourage pupils and staff to avoid certain high-risk foods to reduce the chances of someone experiencing a reaction. These foods include:

- Packaged nuts
- Cereal, granola or chocolate bars containing nuts
- Peanut butter or chocolate spreads containing nuts
- Peanut-based sauces, such as satay
- Sesame seeds and foods containing sesame seeds

If a pupil brings these foods into school, they may be asked to eat them away from others to minimise the risk, or the food may be confiscated.

If you have any questions or concerns about allergies, please get in touch with us.

Yours sincerely,

Claire Thomas
Headteacher