



## Once more we are in 'lockdown'

It can be hard to know what to do in these extraordinary times. Our worries about our children can be magnified.

### *You can call on us for support*

Our experienced PPO workers have been offering paid-for, **one-to-one sessions for parents**. This service is still available. We are now running **online groups and meetings** to fit with parents' current needs.



### **BUT ALSO...**

As families are facing exceptional circumstances while the pandemic is keeping so many of us confined to our homes and away from friends, **we are now offering support via a free phone call**. We will talk through your situation but can also often suggest some really good books and websites for you to use at home.

To take up this **free offer**, please fill in the contact form at the bottom of the homepage on our website for a quick response and to discuss what time and method of contact is most comfortable for you.

**We look forward to hearing from you!**

**[parentingpractitionersoxfordshire.co.uk](http://parentingpractitionersoxfordshire.co.uk)**