

# Your School Lunch

# Let's Eat

• TOGETHER •

AVAILABLE DAILY - natural yogurt with toppings, chopped fresh fruit, fresh bread, salad bar and lots of fresh water!

## Week Two - 06<sup>th</sup> Sept 21, 27<sup>th</sup> Sept 21, 18<sup>th</sup> Oct 21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham Pizza	Mild Chicken Curry with Rice	Roast Chicken	British Pork Sausage in Onion Gravy	Crispy Bubble Battered Fish Fillet
Margherita Pizza (v)	Veggie Meatballs in Tasty Tomato Sauce with Rice (v)	Quorn Roast (v)	Onion Gravy	Fish Fillet
Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Cauliflower Cheese (v)	Vegetable Frittata (v)
Potato Wedges	Seasonal Vegetables	Roast Potatoes, Yorkshire Pudding, Gravy	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Peas	Coconut & Jam Sponge	Summer Greens and Carrots	Boiled Potatoes	Chips or Pasta
Sweetcorn		Lemon Sponge	Broccoli & Peas	Sweetcorn or Baked Beans
Short Bread Biscuits			Carrot Cake	Ice Cream Swirl with Fruit



Allergy Advice – all food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources. **Suitable for vegetarians or vegetarian option available.** Our fish and chicken dishes may contain bones.

